Delaware Valley Chapter National Football Foundation and College Hall of Fame SAMPLE RESUME

Joseph Football 123 Any Street Anytown, Any State 12345

Birth Date:	November 8, 1983
Height/Weight: 6' 1" 225 lb	
Interests:	Music: Played trumpet for 8 years and is presently first chair in school band and a member of the jazz band. Drama: Played lead in school play "King and I" Athletics: Active in football, wrestling and baseball. Two-year varsity team captain in football and baseball.
Achievement	Presidential Academic Fitness Award – Grades 9, 10, 11 and 12 National Honor Society Member – Grades 10, 11, 12 Freshman Class Vice-President Class President – Grades 10, 11, 12 American Legion Boys State Delegate National Merit Finalist Candidate Edward J. Bloustein Distinguished Scholar Listed in the "Who's Who of American High School Students"
Clubs and	
Organizations	: Student Government Grades 9 – 12 Ski Club French Club Volunteer for the Special Olympics Student Life Member Youth group at Covenant Presbyterian Church
Athletics:	Baseball:Participated for four years in high school. Starting shortstop for three years. Varsity Team Captain Junior and Senior YearWrestling:Heavyweight State ChampionFootball:Three-year varsity starter Two-year varsity team captain Fullback and middle linebacker 12 touchdowns 45 receptions 1,208 all-purpose yards Team Most Valuable Player 2 years Second-team All-State (Offense) First-team All-County (Offense) First-team All-Conference (Offense)